



# ALLERGEN INFORMATION GUIDE

	Mustard	Eggs	Dairy	Nuts	Sesame	Soy	Gluten	Yeast	Sulphites	Seafood
<b>APPETIZERS</b>										
Bacon Broccoli Cheddar Bites	X		X			X	X	X		
Root Vegetable Fries							X			
Gettin' Pickled			X				X	X		
Roasted Shishito Peppers			X			X				
Hand-Rolled Cheese Stix		X	X				X			
French Onion Soup			X			X		X	X	X
<b>SHAREABLES</b>										
Nacho Grande			X			X	X	X		
Nacho Grande with Chicken			X			X	X	X		
Nacho Grande with Ground Beef			X			X	X	X		
Idaho Nachos		S	X			X	X			
South of the Border Quesadilla			X			X	X			
House Chips N Dip		X	X				X	X		
Antojitos			X			X	X	X		
Trash Can Nachos	S	X	X			X	X	S	X	
<b>SOUP &amp; SALADS</b>										
Garden Salad (see dressings for more info)										
Greek Salad	D		X						D	
Caesar Salad	D	D	X		B	X	B		D	D
Southwest Taco Salad		X	X				B	B		
Farmers Kale Salad			X	X		D			D	
Wacky's Buddha Bowl		D		X					X	
Loaded Potato Bacon Soup			X			X	X	X		
<b>HANDHELDS</b>										
Boneless Wing Wrap	M	X	X			X	X	X		
Clubhouse Wrap	M	M	X			X	X	X		
The Apple Chicken Cheddar Wrap			X			D	X		X	
Southwest Club		X	X		B	X	B	B		
Mediterranean Chicken Ciabatta		D	X		B	X	B	B	X	
The Greek		X	X		X	X	X	X	S	
Double Bacon PBLT		M			B	B	B	B	M	
Crunchy Chicken Parm Sandwich		X	X		B	X	X	B		
Hand Crafted Crispy Chicken (see sauces for more info)		M			B	X	X	B	M	
Ghost Pepper Chicken Club		M			B	X	X	B	M	
<b>BURGERS</b>										
Mushroom Swiss Burger		X	X		X	X	X	X	S	
Wacky Pepper Crunch Burger	S	X	X		B	X	X	X	S	S
Cheddar Bacon Extreme Burger		B	X		B	X	B	B		
Poutine Burger	X	B	X		X	X	X	X	X	
Gettin' Pickled Burger	S	X	X		B	B	B	B		
Bacon Double Grilled Cheese Burger		X	X		B	X	B	B	X	
Bacon N Egger Burger		X	X		B	B	B	B	M	



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<b>BURGERS</b>										
Flaming Spicy Burger		B	X		B	B	B	B	X	
The Big Cheese		X	X		B	X	X	B		
Jam'n Bacon Bacon Burger		X	X		B	X	B	X	X	
Crunch Burger	S	B	X		B	X	X	X		
Wacky's Beyond Burger		B	B		B	B	B	X		
Gluten Free Bun Option For All Burgers		X			X	X		X		
<b>FRIES, RINGS &amp; POUTINES</b>										
French Fries							X	X		
Sweet Potato Fries							X			
Onion Rings						X	X	X		
Cactus Cut Chips							X			
Potato Wedges						X	X			
Garlic Parmesan Fries	D	D	D			D	X	X	D	D
Old Fashion Poutine	X		X		X	X	X	X	X	
Bacon Cheddar Poutine	X		X		X	X	X	X	X	
Get Pickled Poutine	X	D	X		X	X	X	X	X	
Loaded Poutine	X		X		X	X	X	X	X	
Taco Supreme Poutine	X		X		X	X	X	X	X	
Boneless Wing Poutine (see sauces for more info)	X	X	X		X	X	X	X	X	D
Smoked Brisket Poutine	X		X		X	X	X	X	X	
The Great Canadian Poutine	X		X		X	X	X	X	X	
Mushroom Swiss Poutine	X	D	X		X	X	X	X	X	D
Burrito Extreme Poutine	X		X		X	X	X	X	X	
Get Extremely Pickled Poutine	X	D	X		X	X	X	X	X	
<b>FAVOURITES</b>										
Chicken Fingers			X			X	X	X	X	
Seaside Hand Cut Fish Fingers			X				X	X	X	X
Loaded Burrito Bowl		S	X						X	
<b>WINGS</b>										
Bone In Wings						X	X	X		
Boneless Wings		X	X			X	X			
Unbreaded Bone In Wing Option							X			
Vegan Wings						X	X	X		
<b>KIDS MENU</b>										
Jr. Cheese Burgers		B	X	B	B	X	B			
Cheese Pizza		X	X		X	X	X	X		
Macaroni & Cheese			X				X			
Grilled Cheese			X		B	X	B	B		
Jr. Chicken Fingers			X			X	X	X	X	



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<b>DESSERTS</b>										
Sweet Campfire Sticks		X	X			X	X			
Banana Caramel Cheesecake		X	X	X		X	X			
Chocolate Chip Cookie (served with kids meal)						X	X			
Deep Fried Oreos			X	X		X	X			
Chocolate Molten Lava Cake		X	X	X	X	X	X		X	
Mini Doh-Nut Stacker		X	X			X	X			
<b>GRAVY &amp; DIPS</b>										
Gravy	X		X		X	X	X	X	X	
Ranch Dip	X	X	X			X				
Tartar Sauce	X	X				X				
Sour Cream			X							
Salsa										
Marinara										
Plum Sauce										
Garlic Aioli		X				X			X	
Hacienda			X							
Honey Mustard	X	X							X	
Lemon Dill Aioli	X	X	X						X	
Buffalo Ranch		X	X			X		X		
Signature Bacon Jam		X				X			X	
<b>OTHER SIDES</b>										
Carrot Sticks And Ranch	D	D	D			D				
Chips & Salsa		X					X			
Crackers							X		X	
<b>DRY SHAKERS</b>										
Bare Naked							X			
Cheddar			X			X				
Cool Ranch			X							
Maple Bacon										
Maple Bacon Cheddar			X			X				
Garlic Parmesan			X					X		
Dill Pickle			X							
Parmesan & Herb	X		X					X		
Roasted Red Pepper & Garlic										
Applewood Smoked	X							X		
Tex-Mex										
Salt N' Vinegar										
Seasoning Salt						X				
Cracked Pepper & Cheddar			X			X				
Sea Salt & Cracked Pepper										
Lime & Cracked Pepper									X	
Lemon Pepper									X	



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<b>DRY SHAKERS</b>										
Smoky BBQ										
New Orleans										
Sriracha Lime									X	
Sriracha Cool Ranch			X							
Sriracha										
Cajun										
Caribbean Jerk										
<b>WINGNUTS</b>										
Garlic Butter Parmesan			X			X				
Applewood Maple BBQ	X							X		
Maple Bacon BBQ & Ranch	X	X	X			X		X		
Wacky Pepper BBQ & Garlic Parmesan	X	X	X			X			X	X
Maple Bacon & Southwest Ranch		X	X							
Smoky Southwest BBQ	X	X	X							
Jalapeno Cheddar & Garlic Parmesan	X	X	X			X			X	X
Jalapeno Chipotle & Garlic Parmesan	X	X	X			X			X	X
Cajun Garlic Butter			X			X				
Medium & Garlic Parmesan	X	X	X			X		X	X	X
Medium & Buttermilk Dill	X	X	X			X		X		
Medium & Blue Cheese	X	X	X			X		X		X
Hot Honey Dill	X	X	X							
Jalapeno Southwest		X	X							
Spicy Garlic & Southwest Ranch		X	X			X		X		
<b>START THE BBQ</b>										
Honey Garlic & BBQ						X	X			
Honey BBQ										
Original BBQ										
Wacky Pepper BBQ	X								X	
Sweet N Smoky BBQ	X									
Maple Bacon BBQ	X							X		
Smoky Honey Mustard BBQ	X	X							X	
Smoky BBQ	X									
Medium BBQ						X		X		
Spicy Garlic BBQ			X			X		X		
Sweet N' Spicy Thai & BBQ										
Caribbean Jerk									X	
Hot BBQ										
BBQ Habanero										
<b>LET'S GET TIPSY</b>										
40 Creek, Buttermilk Dill & Maple	X	X	X				X	X		
40 Creek & Garlic Parmesan	X	X	X			X	X	X	X	X
40 Creek BBQ	X						X	X		



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<b>LET'S GET TIPSY</b>										
Rickard's Red Apple Butter Mesquite						X	X			
Apple Whiskey BBQ	X					X	X	X	X	
40 Creek BBQ, Southwest & Garlic Parmesan	X	X	X			X	X	X	X	X
Drunken BBQ	X					X	X	X		
Smoked Tequila Lime	X					X				
Smoked Tequila Lime & Habanero	X					X				
<b>SAUCE BOSS</b>										
Honey Mustard	X	X							X	
Creamy Cool Ranch		X	X			X				
Cracked Pepper Ranch		X	X			X				
Smoky BBQ Ranch		X	X			X				
Southwest Apple Butter Mesquite		X	X			X	X			
Texan Chipotle		X	X							
Buffalo Ranch		X	X			X		X		
Spicy Honey Mustard	X	X							X	
Jalapeno Dill	X	X	X							
Jalapeno Cheddar			X			X				
Spicy Garlic Parmesan	X	X	X			X		X	X	X
Spicy Garlic			X			X		X		
Volcanic Blue Cheese	X	X	X						X	X
Volcanic Drunken BBQ	X					X	X	X	X	
Volcanic Dill	X	X	X						X	
Habanero Jalapeno										
<b>SHE'S SO SWEET</b>										
French Toast										
Candy Apple			X			X	X			
Maple										
Honey Garlic						X	X			
Honey Garlic & Buttermilk Dill	X	X	X			X	X			
Honey Garlic & Garlic Parmesan	X	X	X			X	X		X	X
Honey Garlic & Southwest Ranch		X	X			X	X			
Honey Chipotle		X	X							
Honey Garlic & Medium						X	X	X		
Coconut Thai			X							
Sweet N' Spicy Thai & Buttermilk Dill	X	X	X							
Sweet N' Spicy Thai & Garlic Parmesan	X	X	X			X			X	X
Sweet N' Spicy Thai & Maple										
Sweet N' Spicy Thai & Honey Garlic						X	X			
Sweet N' Spicy Thai & Medium						X		X		
Sweet N' Spicy Thai										
Sweet Chili Cool Ranch			X							
Sweet Chili Heat										



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<b>SHE'S SO SWEET</b>										
Honey Garlic & Habanero						X	X			
<b>MILD TO WILD</b>										
Mild Buffalo						X		X		
Medium						X		X		
Hot										
Jalapeno Hot										
Megan Fox Hot (Habanero)										
Volcanic									X	
<b>DRESSED TO IMPRESS</b>										
Garlic Parmesan	X	X	X			X			X	X
Ranch		X	X			X				
Buttermilk Dill	X	X	X							
Blue Cheese	X	X	X							X
Southwest Ranch		X	X							
<b>YOU MUST BE CRAZY</b>										
Ghost Pepper Sauce										
Ghost Pepper Ranch		X	X			X				
Ghost Pepper BBQ										
Ghost Pepper Honey Garlic						X	X			
Ghost Pepper Blue Cheese	X	X	X							X
Ghost Pepper Chipotle		X	X							
Ghost Pepper Garlic Parmesan	X	X	X			X			X	X
<b>SALAD DRESSINGS</b>										
House Vinaigrette										
Ranch		X	X			X				
Blue Cheese	X	X	X							X
Oil & Vinegar								X	X	
Buttermilk Dill	X	X	X							
Southwest Ranch		X	X							
Balsamic Vinaigrette	X								X	
Italian						X			X	

**LEGEND**


X = At least 2 or ALL ingredients / toppings contain allergen

B = Only Bread Contains Allergen

S = Only Sauce Contains Allergen

D = Only Dressing Contains Allergen

M = Only Mayo Contains Allergen

 May Contain Traces Of Allergen

**NOTE:** All Breaded Wings Contain Wheat Gluten. Ask Your Server About Our Unbreaded Wing Option. Please Be Advised That Depending On Your Tolerance Level Towards Gluten, That All Unbreaded Wings Are Fried In The Same Oil As Breaded Wings And Are Subject To Come In Contact With Breaded Wings, Which Contain Gluten.

**NOTE:** The Allergen information provided has been supplied by Wacky Wings itself. Such Allergen information has not been independently researched, written or verified. Wacky Wings assumes no responsibility or liability arising from errors or omission of this information. Our menu is not allergen free. An item without an X under gluten only means gluten friendly, not gluten free. Please inform your server of all food allergies.